



# What to discuss with your physician

If you have symptoms of stress urinary incontinence you should contact your physician as many effective treatment options are available.

You should ask your physician about injection therapy and its benefits, as well as other treatments.



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## A Minimally Invasive Treatment For Stress Urinary Incontinence



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# What is stress urinary incontinence?

Stress urinary incontinence is a very common problem and is thought to affect millions of people.

Stress urinary incontinence is usually the result of the weakening or damaging of the muscles that are used to prevent urination, such as the pelvic floor muscles and the urethral sphincter. This then causes urine to leak when your bladder is under pressure, for example when you cough or laugh.

The amount of urine passed is usually small, but stress urinary incontinence can also cause you to pass larger amounts, particularly if your bladder is very full.

Laugh  
Sneeze  
Lift  
Run  
Cough  
Jump

## Treatment

Stress urinary incontinence can be an uncomfortable and upsetting problem, and there are now several forms of effective treatment.

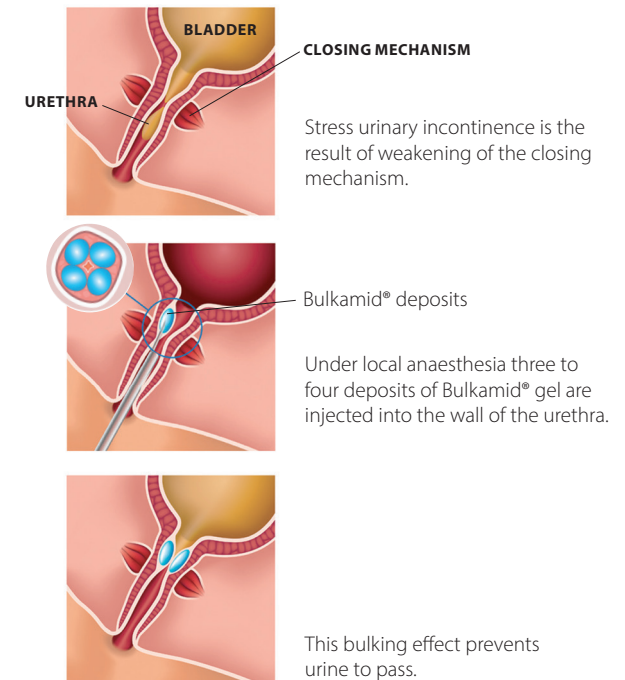
Treatment with Bulkamid® can be the solution for you. Injection therapy with Bulkamid® is a minimally invasive procedure with few complications and a short recovery time.

The injection therapy is performed under local anaesthesia.

Three to four deposits of the Bulkamid® hydrogel are injected into the wall of the urethra to support the closing mechanism.

### **Bulkamid® gel:**

- Is not absorbed by the surrounding tissue
- Stays where it is injected
- Does not cause allergic reactions
- Does not cause tissue hardening
- Maintains elasticity and structure
- Does not leave any microparticles in the tissue



## After treatment

You will be discharged after first normal voiding and the doctor will advise on resumption of everyday activities.

### **Possible side-effects:**

- Transient pain and bleeding during the first voiding.
- Inflammation of the bladder (rare) is easily treated with antibiotics.